

SAPRAE CREEK NEWSLETTER

August 2018



QuotesIdeas.com



CONTACT INFORMATION

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September Newsletter Deadline:
August 25th, 2018



Municipal Switchboard
1-800-973-9663
RCMP
780-788-4000

By-Law: 780-762-5858
Pulse Line: 780-743-7000
Fish & Wildlife: 780-743-7200
SPCA: 780-743-8997
Health link: 811

For Septic Services: Call Andrew March @
Day Time :780-743-7000
After Hours: 780-598-6025

ALL EMERGENCIES 911

SAPRAE CREEK RESIDENTS SOCIETY

<i>AnnMarie Hintz, Chair</i>	780-881-2958
<i>Tracy Unger, Vice-Chair</i>	780-743-3360
<i>Tanya Poulin Secretary</i>	780-715-6867
<i>Marilyn Rustad, Treasurer</i>	780-715-4960
<i>Brittany Ianetti, Youth Director</i>	780-881-4061
Shannon Sherk, Director	

Saprae Creek Residents Society
215 Freestone Way, Fort McMurray
T9H 5B4

Email: sapraecreek@gmail.com



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Diversity & Inclusion Community Plan and Workbook



The Diversity & Inclusion Community Plan and Workbook are tools to help the region continue to be a warm, welcoming and supportive community that celebrates diversity and offers opportunities for all.

PLAN:

The 2017-2022 Diversity and Inclusion Community Plan was developed by the community, for the community, through input gathered at Diversity Summits, focus groups, surveys and public engagement, led by Municipal staff and RACIDE.

The plan guides programming and initiatives in the community and provides an accountability tool to monitor progress.

Diversity and Inclusion Community Plan Priorities:

1. Effective communication of information to and within the community
2. Diverse voices are identified, involved, and engaged
3. Promote a sense of community by recognizing and celebrating diversity
4. Increase understanding through education
5. Foster trust and collaboration between groups and individuals
6. Reduce barriers to resources and services

WORKBOOK:

The Wood Buffalo Diversity & Inclusion Community Plan Workbook provides greater detail regarding the data collected and further information about potential action, measurement and implementation. The workbook identifies valuable resources that organizations and individuals may find useful as the plan moves forward.

Those interested in taking part can contact RACIDE at diversity.woodbuffalo@rmwb.ca.

For more information, visit rmwb.ca/diversity.



BULLETIN

May 1, 2018

RMA Post-Secondary Scholarship Program

The 2018 application term is now open and closes August 31, 2018

In recognition of the importance of an educated population to the future well-being of rural communities, the Rural Municipalities of Alberta (RMA) established the RMA Scholarship Program in 1995. The RMA Scholarship Program is designed to encourage young rural Albertans to pursue further education, and thereby enhance the ability of these young people to make meaningful contributions to their communities in subsequent years. A scholarship in the amount of \$1,000 is presented to one successful applicant from each of the five districts.

Eligibility and Application Procedure

To be eligible, an applicant must:

- Be a resident of a municipality which is a member in good standing of RMA, including municipal districts, counties, specialized municipalities and the Special Areas;
- Be registered in his or her first four years of study at a recognized post-secondary institution (i.e. the applicant must not have any previous degrees or diplomas); and
 - Preference will be given to candidates attending a recognized post-secondary institution in Alberta, except in instances where the chosen program of study is not available in Alberta.
- Be pursuing a course of studies of relevance to local government and/or rural communities.
 - This criterion is not intended to restrict eligibility; instead, applicants are invited to explain the relevance of their intended study program within their letter of application.

The submission packages must include the following items:

- Complete RMA Post-Secondary Scholarship Application form; click [here](#) for the application.
- A letter from municipality Chief Administrative Office (CAO) providing proof of residency
- A letter from the applicant, setting out his/her goals and objectives in pursuing further education, as well as the relevance of their study program to local government and/or rural communities;
- Official transcripts of his/her high school marks (photocopies are acceptable provided that the photocopy includes the signature of a school or municipal official, along with that official's confirmation that the photocopy is a true copy of the original);
- A brief resume outlining employment experience, community involvement, volunteer activities, recreational activities, cultural pursuits, etc.; and

2510 Sparrow Drive
Nisku, Alberta T9E 8N5

OFFICE: 780.955.3639
FAX: 780.955.3615
RMAAlberta.com



BULLETIN

- **Written confirmation** from local rural municipality's Chief Administrative Officer (CAO) certifying that the applicant is a resident of the municipality.

All interested persons are invited to apply for the *RMA Post-Secondary Scholarship* by forwarding the application package to the following address:

RMA Scholarship Program
Attention: Allison Hansen
2510 Sparrow Drive
Nisku, AB T9E 8N5

The deadline to receive applications is August 31, 2018.

For enquiries, please contact:

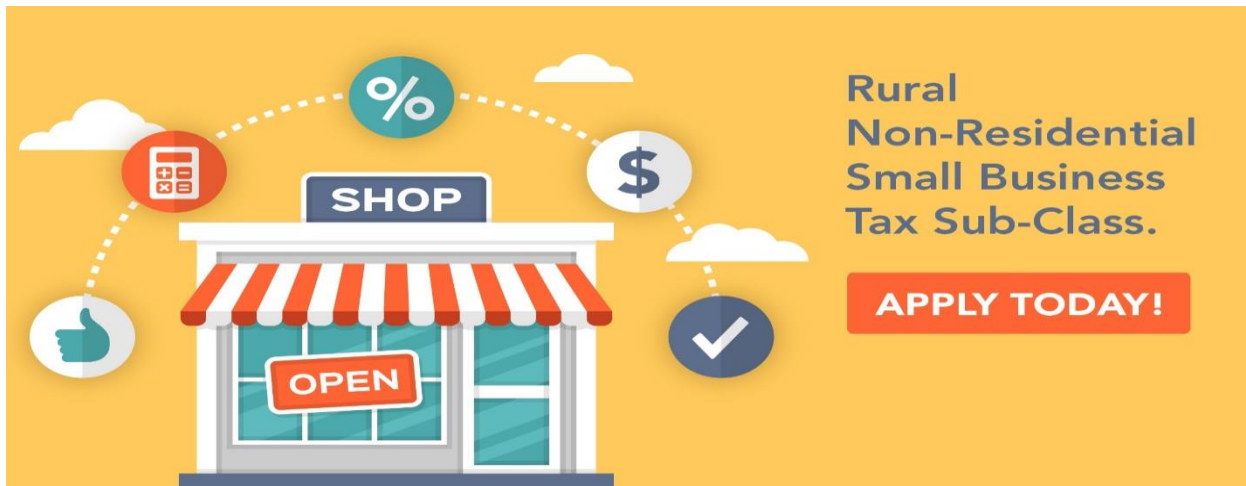
Allison Hansen
Policy Analyst
allison@RMAAlberta.com

Tasha Blumenthal
Director of External Relations & Advocacy
tasha@RMAAlberta.com



RMWB Online Payments NOW AVAILABLE!

You can now pay your RMWB utility (water) bills, ambulance bills and general trade invoices online by credit card. Visit pay.rmwb.ca to learn more or make a payment today.



Rural non-residential small businesses can now apply to receive new tax savings. Qualifying rural non-residential small businesses can receive a 25 per cent reduction from the rural non-residential tax rate. To qualify, properties must meet criteria outlined in provincial regulation, specifically:

- Currently taxed as rural non-residential;
- Property must be owned or leased by a business (properties subleased are excluded);
- Business must hold an RMWB Business Licence as of December 31, 2017*;
- Business must have fewer than 50 employees across Canada; and
- Business must not be a designated industrial property as identified by the Provincial Assessor.

**If your business is located within the rural service area and provincial legislation does not require you to hold an RMWB business licence, please contact Philip Schofield, Regional Assessor, at philip.schofield@rmwb.ca.*

For more information or to apply, please visit rmwb.ca/taxes.

Wellness Corner
Brought to you by FCSS Counselling Services

GRIEF: A Misunderstood and Neglected Emotion

Grief is one of the most misunderstood emotions, the assumption being that it is only connected with death. Grief is:

- A normal and natural reaction to a significant emotional loss of any kind.
- Conflicted feelings caused by the end of or a change in familiar patterns of behaviour.
- The feeling of reaching out for someone who has always been there only to find when you need them again, they are no longer there.
- Not a pathological condition.

Short Term Energy Relieving Behaviors (STERBS)

STERBS are either behaviours or activities that griever's engage in as a way of avoiding feelings associated with grief. We are socialized with the idea that we should cover up emotional pain rather than confront it directly. Sometimes behaviours or activities used as STERBS are things we will not want to share with others. Three major problems with STERBS are:

- They appear to work in the short-term
- They create an illusion of recovery by causing us to forget or bury emotions
- The situation remains the same.

Examples of STERBS

Food	Exercise (working out)	Movies/TV
Anger	Isolation	Shopping
Sleep	Alcohol	Video games
Social Media (Facebook)	Drugs	Daydreaming
Working excessively	Sex	Fantasy

For more information on grief and loss, please contact **FCSS Counselling Services** at (780) 743-7910.

Stay tuned for the next series on grief and loss.

Reference: Grief Recovery Method-Grief Recovery Institute.



CALL FOR ARTWORK

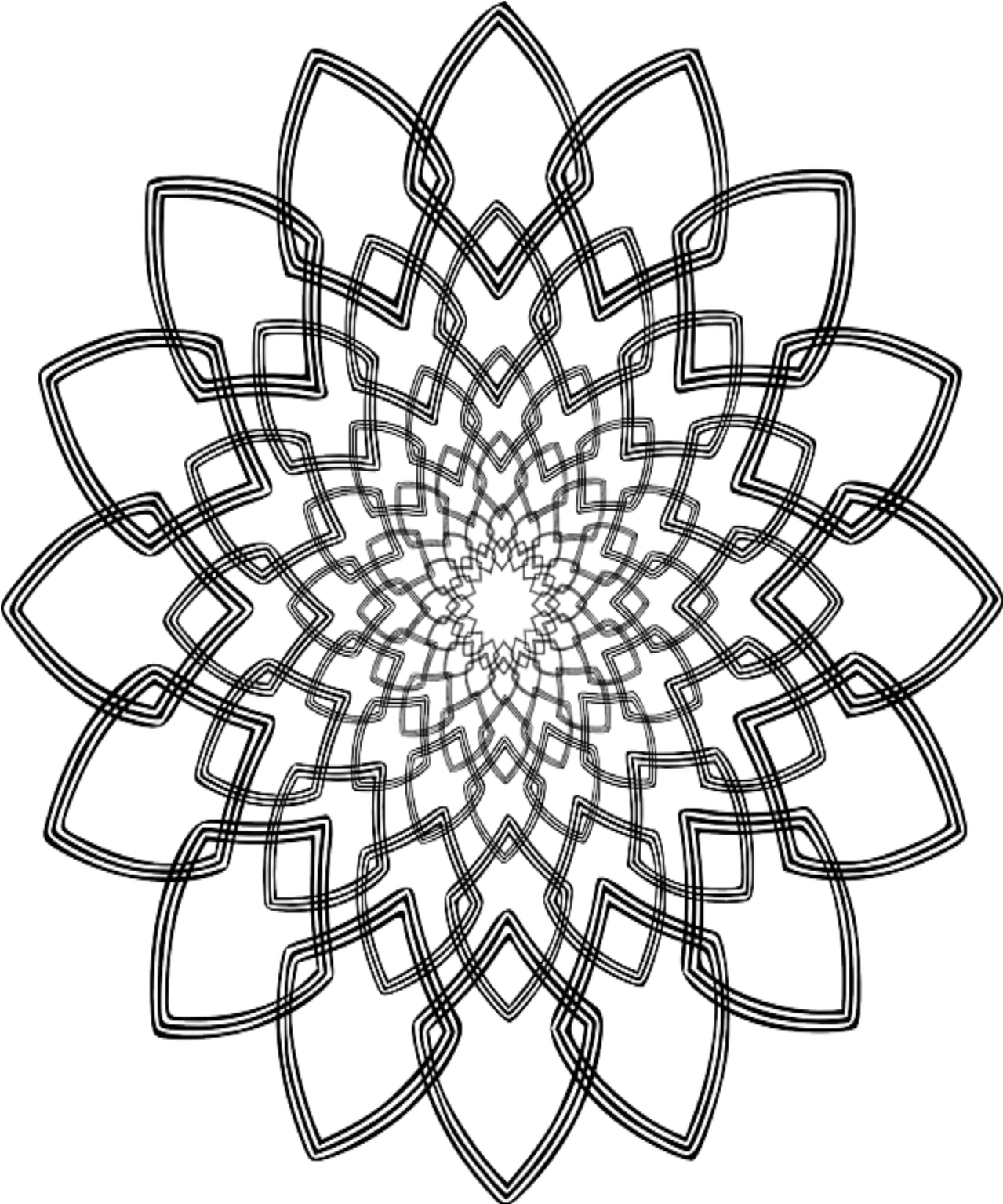
The Municipality is seeking artwork submissions that interpret the **94 Calls to Action** from the **Truth and Reconciliation Commission (TRC) Calls to Action Report**.

Selected artwork will be digitized and used in the Municipal Response to the TRC Calls to Action report. This project aims to support reconciliation efforts and initiatives between the RMWB and Indigenous peoples within the region.


The call for artwork is open to artists of all ages. Applicants must be a current resident of Wood Buffalo. **The deadline for submissions is Friday, August 31 at 4 p.m.**

To find complete details, the entry form or to submit your artwork online, visit rmwb.ca/TRC. For more information, contact trc.art@rmwb.ca or 780-762-3669

Kids Coloring Corner



Community Calendar

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1	2	3 	4
5	6 Heritage Day	7	8	9	10 	11
12	13	14	15	16	17 	18
19	20	21	22	23	24 	25
26	27	28	29	30	31 	

Saprae Creek’s ON-GOING FUNCTIONS:

Mondays Nights: Saprae Creek Volunteer Fire Department Training

Wednesday Mornings: The HUB 10-11:30pm No programs for August.

*****BOARD MEETING 2018*****