



REGIONAL MUNICIPALITY  
OF **WOOD BUFFALO**

**WARD 3 NEWS**  
**SAPRAE CREEK & DRAPER ROAD**



**FEBRUARY 2015**

**ANNUAL  
GENERAL  
MEETING**



Anzac~Conklin~Fort Chipewyan~Fort Fitzgerald~Fort MacKay~Gregoire Lake Estates~Janvier~Mariana Lake~Saprae Creek Estates

9909 Franklin Avenue, Fort McMurray, Alberta, Canada ph: 780-743-7000 fax: 780-743-7999

[www.woodbuffalo.ab.ca](http://www.woodbuffalo.ab.ca)



REGIONAL MUNICIPALITY  
OF **WOOD BUFFALO**

## WARD 3 NEWS

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### MARCH NEWSLETTER DEADLINE:

February 25, 2015

Subscribe to your newsletter online at

[www.sapraecreek.com](http://www.sapraecreek.com)

**Check us out on FACEBOOK**  
Saprae Creek Residents Society

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## SAPRAE CREEK RESIDENTS SOCIETY

<i>Pam Garbin, Chair</i>	780-881-4974
<i>Tracy Unger, Vice-Chair</i>	780-743-3360
<i>Tanya Poulin Secretary</i>	780-715-6867
<i>Marilyn Rustad, Treasurer</i>	780-715-4960
<i>Lloyd Lawley, Infrastructure</i>	780-791-3741
<i>Mike Morin, Industry Contact</i>	780-598-1820
<i>Melanie Asher, Youth Director</i>	780-799-3625
<i>Erin Fleming, Rec Director</i>	780-215-1519
<i>AnnMarie Hintz, Municipal Liaison</i>	780-881-2958

Saprae Creel Residents Society  
215 Freestone Way, Fort McMurray  
T9H 5B4



## DRAPER ROAD RESIDENTS SOCIETY

Chair.....	Daphne van't Wout
Vice-Chair.....	Jim Kostiuk
Secretary.....	Jodi Thorne
Treasurer.....	Susan Smith

**Draper Road Residents Society (DRRS)**

**[draperroad@gmail.com](mailto:draperroad@gmail.com)**



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## Around the Creek

### Message from the SCRS Board Chair

By Pam Garbin

Well it is hard to believe we just celebrated the New Year, January seemed to fly by with a slight teasing of Spring. Please make sure you take your time getting around the roads in The Creek over the next little while, always a fun time trying to drive down or even walk on the driveways covered in snow with a thick layer of ice underneath. If you need a sanding truck and sand at a reasonable rate feel free to call Larry at 780-715-6856 or Travis at 780-838-5159.

**ANNUAL  
GENERAL  
MEETING**

We have our Annual General Meeting just around that corner, please save the date, February 11th, 7:30 at Vista Ridge, upstairs in the lounge. Please join us for a summary of our year, a sneak peak at future Vista Ridge opportunities, and a look at things to come. We are always looking for new members! Snacks and coffee provided.

I just attended a meeting with consultants that will be working with the RMWB on plans for Indoor recreation facilities in Rural communities, including Sapræe Creek. We have given them a list of what we would like to see in a Community Hall for Sapræe and thank you to the residents that attended to share their views as well. This is the first step and we are excited at the prospect for this future building and the opportunities we will be able to offer our residents in terms of recreation and activities in Sapræe Creek.

Currently the facilitator of the HUB Program is on a medial leave, so until further notice this program will not be running.

I am looking forward to the Love Bug Ball being held on February 14th, bring the kids out for some food and dancing! It was a great event last year and we hope to see you out there.

Skating lessons are well under way, the kids have already made big progress! It has been awesome watching the kids build their taewondo skills over the last month as well, so happy to have this opportunity for our children right here in Sapræe Creek. It is not too late to register your kids, just attend the right class on Sunday to sign up! Enjoy your Family day weekend this month.



**Sapræe Creek Family Tubing Event and Dinner**

**Sunday March 8th**

**Watch Facebook for Signup Genius Registration for this event!**



REGIONAL MUNICIPALITY  
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## Councillor's Corner - FEBRUARY 2015 by Al Vinni



January is finally over, with its crazy dose of weather and its long dark nights. I think I can see spring on the horizon; at least it is the season of the 'trip to somewhere warm'. For Tammie and me it is four days in Las Vegas with my office staff over the Family Day weekend. Hope you have something bigger and better than that planned.

Thanks to Nancy Grant for coming up with the idea of having the RMWB place a paper recycling bin at the mailboxes. Now we will all have somewhere convenient to place all those flyers and junk mail items that we might not want to take home. This bin will be a test case to see if these bins should be placed next to all the old and new 'super' mailboxes we are going to have in our region as door-to-door delivery gets phased out. I

love these types of ideas from people, just a little thing to make our neighbourhood a bit better. Thanks Nancy for giving your idea the push it needed.

Hope you had a chance to attend the recent community engagements, one concerning the provision of indoor recreation spaces, the other to disseminate information about by-laws. Concerning the indoor recreation space, I know many of you have been using the RMWB's various options to input your ideas, especially concerning plans to construct Community Halls in both Sapræ Creek and Draper. Keep it up!

After adding feasibility studies for the Community Hall projects at the last minute to the operational budget in December, the studies were quickly funded and are already well under way. Like many other people, I am excited about these projects and am anxious to see what the communities of Draper and Sapræ Creek will design and build in the next 2-3 years. I encourage you to get on board with the efforts to build much needed Community Halls in our neighborhoods.

I had the pleasure to attend Regional Council's Toast of Champions a few days ago. This is where the RMWB honors some of our most active and engaged volunteers. The nominations come from the community, and then honorees are selected by the Community Services Committee (which is made up of community members). Next year, if you know someone from our area that is deserving of a nomination, please nominate them for the recognition they richly deserve.

The above items have a common theme, and that is community engagement and participation. It sometimes gets lost in all the crazy goings on of Council, but the reality is there is a very healthy and productive relationship with the RMWB's staff and the citizens of our region. Together, each day we are collaborating to make this a better region in which to live, work and play. It is in that spirit that I and my enlightened colleagues on Council are continuing with the projects and programs that we have planned to do, even in these uncertain economic times.

It is a fundamental role of government to assist in stimulating the economy in times of trouble, and that is what we are going to do, and in so doing, will ensure that as many people as possible who have chosen Wood Buffalo as their home, continue to have work and can prosper. I do not believe that lay-offs and project delays are necessary or helpful, actions such as that would only serve to signal that we have no confidence in the continued vitality of this region. I believe in this region and will continue to do what I can to be a voice for continuing on the path of growth and prosperity that is one of the defining characteristics of this region. Thank you and all the best to everyone in these uncertain times.

Thx Al Vinni



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# AROUND THE CREEK New Years Eve Family Skate





REGIONAL MUNICIPALITY  
OF WOOD BUFFALO

# 2015 AGM

WHEN: FEBRUARY 11th, 2015

WHERE: Vista Ridge Lounge

TIME: 7:30pm



Please join us for our Annual General Meeting.

Get a update on AOS, Roads, Community events, Vista Ridge and all things related to Sapræe Creek.

If you ever wanted to volunteer your time and contribute to the Community of Sapræe Creek we are a GREAT board to work with and volunteer time is as little as attending one meeting a month for 10 months.

[Hope to see you there](#)

Coffee, dessert, and door prizes provided!



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## PHOTOS FROM AROUND THE CREEK Taekwondo



### **UP IN THE AIR BALLOONS**

is pleased to offer

**Valentines Day Balloon Bouquets**

for \$25 with

**FREE** delivery

to Sapræe Creek

Call 780-799-9488

for details

or contact

Sarah Hollands



REGIONAL MUNICIPALITY  
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Love Bug



# LOVE BUG BALL

Love Bug



**WHEN: Saturday February 14th**

**TIME: 6-8pm**

**WHERE: Spruce Valley Room at Vista Ridge**

**COST: FREE**

Put on your dancing shoes and join the party!

The Spruce Valley Room at Vista Ridge will be transformed into Cupids paradise.

There will be lots of snacks and Dancing, Dancing, Dancing!

There is also be a door prize to be won!

Family Friendly event!

All Residents Welcome

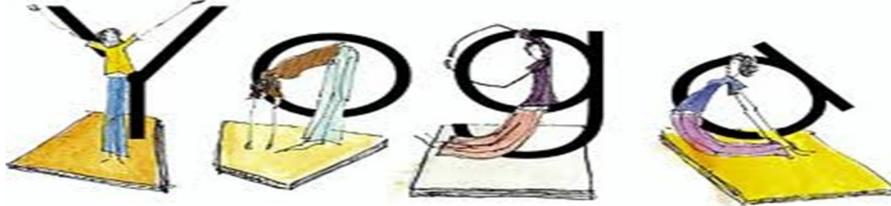
Please RSVP to the event on the Saprae Creek Residents Society Facebook Page





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## IN THE CREEK



Thursday Feb. 5, 12, 19

DROP INS WELCOME \$15

8-9:15pm Vista Ridge

Bring a yoga mat and water and enjoy some  
relaxation after a busy workday!

HOPE TO SEE YOU THERE



### THE HUB Parent/Child Program

The Program is currently being suspended due to a medical leave.  
Please watch Facebook for details for when it will be starting up again.



Thanks for your patience







## BYLAW INFORMATION FOR SAPRAE CREEK ESTATES RESIDENTS

The use of land in the Regional Municipality of Wood Buffalo is regulated by a number of different bylaws. These bylaws promote health, safety and community standards for the citizens of the Municipality.

### Land Use Designation

The community of Saprae Creek has the following land use designations within its boundaries: Suburban Estate, Park and Recreation, and Environment Preservation (refer to Land Use Bylaw 99/059 for more details). The intent of the Suburban Estate District is to provide multi-lot

(more than 3) country residential development in a semi-rural atmosphere.

Residents should always make a formal application for a Development Permit and verify any development with the Municipality's Planning and Development Department.

### Operating a Home Business and/or Home Occupation in the Saprae Creek Estates

Two common development permits for businesses are the Home Business and Home Occupation. There are important differences between the two:

Home Occupation (Section 69, Land Use Bylaw)	Home Business (Section 70, Land Use Bylaw)
...is defined as the secondary use of a principal dwelling by the permanent residents of the dwelling to conduct a business activity that does not require client visits to the residence (eg. consulting service, making crafts for sale elsewhere, etc.).	... is defined as the secondary use of a principal dwelling and/or its accessory buildings and site, by at least one (1) permanent resident of the dwelling, to conduct a business activity or occupation.
No parking or maintenance of a commercial vehicle.	One commercial vehicle of a gross vehicle weight of 7,000kg can be parked or maintained on site.
No exterior storage or storage with an accessory building allowed. Storage of material is allowed within the principal building and accessory building(s)/garage.	Storage of material is allowed within the principal building and accessory building(s)/garage.
No employees	One employee permitted (non-resident).
No on-site parking space is required.	At least one on-site parking space in addition to residential parking spaces shall be provided. Parking in the front or side yard is prohibited except on a driveway. Where a commercial vehicle is associated with a business, a separate off-street parking space shall be provided unless the vehicle is also used for non-business personal travel.
Advisory Note: A Home Occupation shall not be approved if, in the opinion of the Development Authority it meets the Home Business criteria.	Advisory Note: A Home Business shall not be approved if, in the opinion of the Development Authority the business is more appropriately located in a Commercial or Industrial District.
No exterior storage allowed.	No exterior storage allowed.
Restricts the amount of noise, vibration, dust, smoke and other nuisance.	Restricts the amount of noise, vibration, dust, smoke and other nuisance.

Both designations do not permit exterior storage, and restrict the amount of noise, vibration, dust, smoke and other nuisance. While Home Occupation does not permit client or associated traffic, traffic related to a Home Business is to be kept to a minimum and not significantly impact the neighbourhood.

Additionally, as is indicated in the Municipality's

Business License Bylaw 01/031, no person within the Municipality shall carry on or operate a business, calling, trade or occupation unless they hold a valid Business License.

Business Licenses expire annually on April 30<sup>th</sup> and business owners must reapply each year.

Continued on back



## BYLAW INFORMATION FOR SAPRAE CREEK ESTATES RESIDENTS CONT.

Prior to a Business License being issued, operators must make a formal application for a Home Business/Home Occupation Development Permit from the Municipality's Planning and Development Department.

### Storage on Property

Through its Nuisance 00/078 and Land Use Bylaw 99/059, the Municipality explains what can be stored on a property, and how that property may be used. A nuisance is defined as any use of, or activity upon any property which is offensive to any person, or has or may have a detrimental impact upon any person or other property in the neighbourhood. These bylaws:

- Prohibit the use or storage of hazardous materials: dismantled or wrecked motor vehicles, any excavation, stockpiling or storage of materials, explosives, flammable liquids, diesel fuel and gasoline products.
- Prohibit exterior storage: any storage of materials or goods related to the home business must be located within the principal building and accessory building(s)/garage.
- Restrict or Prohibit Storage of Commercial Vehicle: Except as otherwise permitted (home business) no motor vehicle other than a passenger vehicle, recreational vehicle and/or one (1) commercial vehicle having a GVW of more than 3,000kg but less than 7,000kg shall be parked on a site in a residential district for longer than is necessary for loading and unloading. A home business may have up to one (1) commercial vehicle of a gross vehicle weight (GVW) of 7,000kg gross vehicle weight used in conjunction with the home business parked and maintained on site.

### Roads & Transportation

Roads & Transportation Bylaw 02/079 controls and regulates the use of highways and public places within the Urban Service and Rural Service Areas of the Regional Municipality of Wood Buffalo. It also restricts or prohibits the movement of any vehicle exceeding any one of the following:

- 1) two (2) axles,
- 2) eleven (11) metres in length, and
- 3) weight restriction.

In order to move and/or remove any heavy equipment, heavy vehicle or Sea Can Container, a route or haul permit is required:

- Route Permits are required when transporting items, such as heavy and/or oversized equipment, mobile home, etc.
- Haul Permits are required if transporting items that could cause debris such as sand, gravel, sod, etc.

The following exemptions apply:

- Vehicles in the service of the Municipality
- Vehicles delivering or collecting passengers, merchandise, or goods; for example: sewage retrieval and water distribution trucks

### Business License Application

For more information on business licenses and obtaining one:

- Consult the License and Permit section under the Municipal Services tab of the Wood Buffalo website at [www.woodbuffalo.ab.ca](http://www.woodbuffalo.ab.ca)

Or

- Contact the Municipality's Planning and Development Department at: [current.planning@woodbuffalo.ab.ca](mailto:current.planning@woodbuffalo.ab.ca)

### Permit Application

To obtain a Route/Haul Permit:

- Consult License and Permit section under the Municipal Services tab of the Wood Buffalo website: [www.woodbuffalo.ab.ca](http://www.woodbuffalo.ab.ca)

To obtain a Development Permit:

- Contact: Planning and Development  
780.799.8695

For more details, please consult:  
[www.woodbuffalo.ab.ca/bizbylaws](http://www.woodbuffalo.ab.ca/bizbylaws)

For any complaints contact:  
Bylaw Services Branch Complaint Line  
780.788.4200

Revised January 2015



## Information Session for the Bylaw Information Sheet for Saprae Creek Estates Residents

Date: Wednesday, February 25, 2015

Time: 7-9 pm

Location: Vista Ridge (2nd Floor Meeting Room)



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**ARADIA™**  
FITNESS  
*Meet Your Sexy Side™*

**Aradia Fitness Pole Dancing for Fitness**  
Canada's leader in pole dancing for fitness. Encouraging women of all shapes and sizes to explore their sensuality as they transform their bodies and empower their mind. Classes are offered in a safe and unique dedicated women's fitness studio.

**Aradia Fitness Specializes in the Following Classes**  
Pole Dancing Classes (beginner to advanced)  
Sensual Fitness Classes  
Chairdance/Lapdance Workshops  
Bachelorette Parties/Unforgettable Ladies Night

FIND A STUDIO NEAR YOU, AND COME **MEET YOUR SEXY SIDE**

Fortmcmurray@aradiafitness.com / Deedra@aradiafitness.com  
Business - (780) 743-0091 • Cell - (780) 742-4563

**Hello Ladies!**

**Welcome to Aradia Fitness Fort McMurray!!**

**The Fort McMurray studio is all set up, looking great and ready for you!**

**If you are looking for a fantastic time while getting your fitness on for 2015, do come and try Aradia Fitness Classes.**

**We offer pole fitness classes from beginner level to intermediate level. If you are unsure as to what it is we do, I offer an Intro to Pole Dancing – where you can try one class and see if you like it! You will be hooked, I promise. Girls tell me it's the most fun they've ever had in heels☺**

**All fitness levels are welcome and wanted!! No matter the shape or size, when we're done you will move with that extra confidence that gets noticed!**

**We start with the basics and all grow and progress together, it is our job to get you in shape, bring out the sexy side, and let's get in touch with the goddess in all of us!!**

**We also will do chair dancing sessions which are an absolute blast! Bring your tie's and heels, I will have you moving like you belong in a Vegas Burlesque show!**

**If you want to walk in heels like a Latin dancer, or your interest is chair dance/strip teases, or it's pole acrobatics you are looking for...you will find it all at my studio!**

**I would love to hear from you, you can check out our website at [www.aradiafitness.com](http://www.aradiafitness.com) or if you have any questions please feel free to give me a call anytime, 7807424563, I will be in touch as soon as possible, or you can email me at [deedra\\_aradia@outlook.com](mailto:deedra_aradia@outlook.com)**

**Aradia Fitness also offers stagette parties, birthday parties, or any reason to get the girls together and have an amazing time!**

**Also ladies, I understand the challenges of Fort McMurray. So what I am wanting in your responses is, please tell me where you work, what shift, and what classes would be best for you regarding your schedule. I will tailor my classes to get as many of you in as possible☺**

**I am looking forward to hearing from you**

**Be Fit Be Sexy,**

*Deedra*



REGIONAL MUNICIPALITY  
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**VISTA RIDGE**  
ALL SEASONS PARK

**Always call 780-799-SNOW prior to heading out to Vista Ridge  
for the daily ski and tube report.**

**They also have a FACEBOOK Page for daily updates**

## Saprae Creek Skating Rink



**FAMILY SKATE TIMES**

**FRIDAYS 3-5pm**

**SUNDAYS 2-5pm**



**NO HOCKEY STICKS OR PUCKS**

**DURING THESE TIMES FOR SAFETY REASONS**





## BURN AWARENESS



Injuries and deaths caused by burns and scalds are very common, especially among young children. Due to children's high energy and curiosity they are at increased risk of burns caused by hot liquids, home appliances, fireplaces, lighters / matches and bathing. It is very important to teach children safety surrounding hot objects and liquids, as most occurrences of burns could have been prevented with the proper precautions and education.

- When bathing a child, always turn on the cold water first before the hot. Check the temperature before putting your child in the bathtub. Always position them so that their backs are facing away from the faucet and never leave them unattended. Consider adjusting your hot water heater to a maximum temperature of 49°C or 120°F to avoid scalds.
- Place hot food and beverages in the centre of the table, and avoid using tablecloths that could easily be pulled off.
- When cooking always turn pot handles towards the centre of the stove and do not leave appliance cords in reach of children.
- Avoid wearing loose clothing while cooking, barbecuing or attending to a fire pit or fireplace.
- Store lighters / matches out of sight and reach of children.
- Protect your skin from the sun and always use a sunscreen with a high SPF rating.

### TYPES OF BURNS

- First Degree Burn
  - Top layer of the skin is damaged.
  - Redness, pressure and pain.
- Second Degree Burn
  - Second layer of skin is damaged.
  - Blistering may occur.
- Third Degree Burn
  - Skin and nerve endings are destroyed.
  - Discolouration of tissue, dry and leathery.

### FIRST AID

1. Cool the burn area with cold water to reduce skin damage and pain.
2. Never use any form of ointment, lotion, or cream on the burn area.
3. Do not remove any clothing that is sticking to the burn, as this could cause further damage and/or infection.
4. Apply a clean, dry dressing to the burn.
5. For second and third degree burns, immediately seek medical attention.

### CHILDREN'S ACTIVITY IDEAS

Teach your children about burn prevention by playing "Hot or Not". Show your children items within your home or at school and ask them to say if the items are "hot" or "not hot". Suggested items include oven, candle, matches/lighters, iron, water, coffee, campfire, etc. Remember to show items that are "not hot" such as teddy bears, shoes and their toys so that children can distinguish the differences between what items are safe to touch. A fun alternative is to use flashcards!



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# TAGS

THE ANTI GRAFFITI SYMPOSIUM

We're hosting TAGS — the anti-graffiti symposium — a collaborative event, designed to educate residents and community organizations affected by, and working to prevent and reduce graffiti vandalism. We'd love for you to learn from Canadian experts about what other municipalities are doing to combat graffiti and how we can work together to take ownership of our neighbourhoods. Have your say in the fight against graffiti.

**Date:** February 18

**Time:** 7 p.m. - 9 p.m.

**Location:** MacDonald Island Park, Miskanaw Ballroom

Please RSVP to [alanna.bottrell@woodbuffalo.ab.ca](mailto:alanna.bottrell@woodbuffalo.ab.ca) by February 17.  
**Seating is limited. Light refreshments will be served.**

**#SAYNOTOGRAFFITI**  
REPORT IT. RECORD IT. REMOVE IT.  
**GRAFFITI IS A CRIME**  
[WOODBUFFALO.AB.CA/GRAFFITI](http://WOODBUFFALO.AB.CA/GRAFFITI)



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## MUNICIPALITY NEWS



Snow is falling at a good rate! Bet you arr excited. Trail passes are coming in at a steady rate. Have you picked yours up? You can pick them up from. Four Season, Anzac Esso, Anzac Grocery, and Raven. If you are with SERA, Albian, or Club 63 North, social clubs you can grab them from there.

OR purchase yours from their website

[www.Sno-Drifters.com](http://www.Sno-Drifters.com) or from the ASA Website.

These passes are ASA and are good for all ASA trails across Alberta.  
Support your local club!

### **Why buy a trail pass?**

Your Membership benefits are: You automatically become a Member of the McMurray Sno-Drifters. Your trail pass is usable and recognized in all of the trail systems in Alberta. You are kept informed of upcoming events both locally and provincially through a monthly newsletter that is e-mailed or mailed to you. Sled Smart courses are provided FREE of charge to our local youth in schools across Alberta. Educational and awareness courses are offered through the Sno-Drifters such as avalanche safety taught by ZacsTracs. Yearly Poker Rallies and Jamborees are held to promote usage of our groomed trails, comaraderie, friendship and entertainment. Funds raised from the sale of trail passes are used to keep the trails groomed, maintained and signed for safety. The purchase of your yearly trail pass supports and benefits all riders and users of the trail systems to make our trails safe and enjoyable.



REGIONAL MUNICIPALITY  
OF WOOD BUFFALO

# MUNICIPALITY NEWS



## 2015 Garbage & Recycling FRIDAY COLLECTION



### March

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### June

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
	7	8	9	10	11	12
	14	15	16	17	18	19
	21	22	23	24	25	26
	28	29	30			

### January

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### April

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### July

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### February

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

### May

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

Garden Waste Pickup Begins May 11  
Waived Landfill Fees May 11-17  
New Fee Pickup/Registration for 2015  
Household Hazardous Waste Roundup

### August

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29



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Revised



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## Saprae Creek

### Saturday and Sunday

Lv. Main St. at Franklin Ave. Transfer Station	Lv. Gregoire Dr. at Advantage West Inn & Suites	Lv. Gregoire Dr. across from Grenfell Cres.	Lv. Gregoire Dr. at Sawridge Inn & Conference Centre	Lv. Saprae Creek Mailboxes	Lv. Vista Ridge Ski Hill at Spruce Valley Dr.	Lv. Saprae Creek Community Centre	Lv. Saprae Creek Mail Boxes	Lv. Gregoire Dr. across from Sawridge Inn & Conference Centre	Lv. Gregoire Dr. at Grenfell Cres.	Lv. Gregoire Dr. across from Advantage West Inn & Suites	Ar. Main St. at Franklin Ave. Transfer Station
Bus Stop Number											
10034	06045	06024	06025	32001	32002	32003	32004	06050	06020	06022	10034
-	-	-	-	9:00	9:04	9:08	9:15	9:30	9:33	9:35	9:43
<b>12:45</b>	<b>12:53</b>	<b>12:55</b>	<b>12:58</b>	<b>1:13</b>	<b>1:17</b>	<b>1:21</b>	<b>1:28</b>	<b>1:43</b>	<b>1:46</b>	<b>1:48</b>	<b>1:56</b>
5:45	5:53	5:55	5:58	6:13	6:17	6:21	6:28	6:43	6:46	6:48	6:56
<p>Shaded area indicates Sunday and Statutory Holiday service.          Note: Saprae Creek operates weekends and holidays only.  <b>Bolded times indicates PM service.</b></p>											

**Healing Touch Massage**  
Swedish, Deep Tissue, & Craniosacral Therapy

**Michelle Archibald**  
Member of NHPC  
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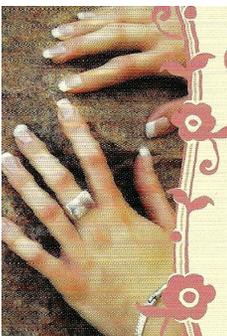



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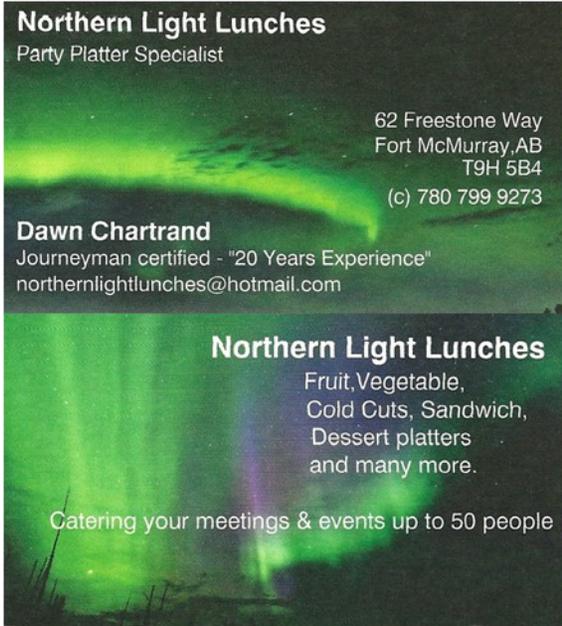
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## Community Calendar February 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Taekwondo	2 	3	4 	5 YOGA	6 	7
8 Taekwondo 	9 	10	11  	12 YOGA	13 	14  Love Bug Ball
15 Taekwondo 	16	17	18	19 YOGA	20 	21
22 Taekwondo 	23	24	25 Bylaw Info Meeting	26	27 	28

### Schedule of Programs and Events

- Saprae Creek Volunteer Fire Department Practice Nights: (Mondays)
- AGM: February 11th 7:30-9pm
- Love Bug Ball: Feb. 14th 6-8pm
- Taekwondo: Sundays
- Family Skating: Fridays (3-5pm) and Sundays (2-5pm)
- YOGA in the Creek: Thursdays 8-9:15pm Drop-ins welcome \$15
- Skating Lessons: Mon and Wed See remaining dates above
- Bylaw Information Sheet Meeting: Vista Ridge Lounge Feb. 25th 7-9

Happy  
Valentine's  
Day

Save  
the  
Date

Saprae Creek Family Tubing  
Event and Dinner  
Sunday March 8th