REGIONAL MUNICIPALITY OF WOOD BUFFALO

SAPRAE CREEK NEWSLETTER
WARD 3

NOVEMBER 2016

Anzac~Conklin~Fort Chipewyan~Fort Fitzgerald~Fort MacKay~Gregoire Lake Estates~Janvier~Mariana Lake~Saprae Creek Estates

9909 Franklin Avenue, Fort McMurray, Alberta, Canada ph: 780-743-7000 fax: 780-743-7999

www.woodbuffalo.ab.ca

REGIONAL MUNICIPALITY OF WOOD BUFFALO

WARD 3 NEWS

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NOVEMBER NEWSLETTER DEADLINE:

NOVEMBER 25, 2016

Subscribe to your newsletter online at

www.sapraecreek.com

Check us out on FACEBOOK
Saprae Creek Residents Society

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SAPRAE CREEK RESIDENTS SOCIETY

Pam Garbin, Chair	780-881-4974
Tracy Unger, Vice-Chair	780-743-3360
Tanya Poulin *Secretary*	780-715-6867
Marilyn Rustad, *Treasurer*	780-715-4960
Keith Finnson, Infrastructure	780-799-0230
Melanie Asher, Municipal Liaison	780-799-3625
Brittany Ianetti, Youth Director	780-881-4061
Erin Fleming, *Rec Director*	780-215-1519
AnnMarie Hintz, Director	780-881-2958
Alicia Singroy, Director	780-381-0842

Saprae Creek Residents Society

215 Freestone Way, Fort McMurray T9H 5B4

Email: sapraecreek@gmail.com

REGIONAL MUNICIPALITY OF WOOD BUFFALO

Around the Creek

Message from the SCRS Board Chair

Just a friendly reminder that as the nights become darker you need to be aware of some walking tips on our rural roads. For the safety of everyone drivers and walkers please abide by the following points:

- Always walk facing oncoming traffic.
- Look for a smooth, stable surface alongside the road.
- Be sure drivers can see you. Wear light or brightly colored clothing.
- If you walk during low-light hours—at dusk or dawn—be sure you have reflective material on your jacket or walking shoes and carry a flashlight.
- Be careful when crossing the road. Look left, right, and left again before crossing. Don't assume drivers will stop.
- Look across ALL lanes you must cross and make sure each lane is clear before proceeding. Just because one driver stops, don't presume drivers in other lanes will stop for you.
- Take along a cell phone and an ID, especially if walking alone.

Thanks for staying safe in our community

Thank you to Melanie Reddy and her crew of helpers for making Halloween in Saprae Creek so memorable. Your efforts and time is very much appreciated. Thank you to Dawn Chartrand of Northern Lights Lunches for providing the food and to Kevin and his staff at Vista Ridge for allowing us to take over the lodge for this event.

This month SAVE THE DATE: Our Saprae Creek Home Based Business Open House and Ladies Night is November 4th at Vista Ridge, a list of Great Vendors is in this issue. Join us for Family Movie Night, a fantastic summer hit, Finding Dory, you do not want to miss it. See the event posting on our Facebook Page to ensure that there is enough food. Have a great month!

Regional Municipality of Wood Buffalo

IN THE CREEK

THE HUB Parent/Child Program

WHEN: Wednesdays

WHERE: Vista Ridge, Spruce Valley Room

TIME: 10-11:30

Geared towards ages 0-5, a great way for your child to socialize with similar aged children in Saprae Creek by way of interactive stations and craft time, followed by a light snack.

We thank Vera for her time in the community and welcome Julie who will be taking over the program

This is such a great program for families in Saprae when your oldest child(ren) is in school and you want to get the chance to get out of the house once a week and meet some fantastic people in our community.

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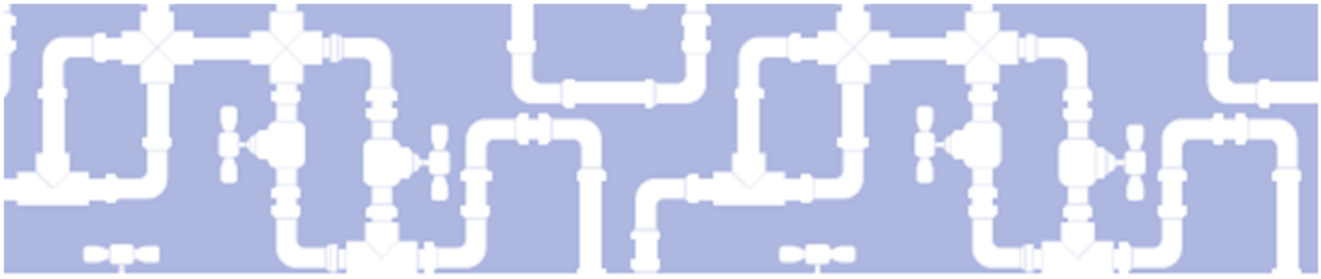

Rural Water & Sewer Servicing (RWSS) – October Update

We're continuing detailed design in all communities and are on track to finish the RWSS project, aside from service connections, in November of 2019.

Anzac & Gregoire Lake Estates

Design work is about 60 percent finished in Anzac and complete in varying degrees (40 percent to 100 percent) for the contracts in Gregoire Lake Estates.

We're working on another open house for Anzac & Gregoire Lake Estates. Stay tuned to this newsletter, the municipal office, your municipal contacts or the website for the latest information.

Conklin

Design work is finished for Contracts 1 & 2 and more than half finished for Contracts 3 & 4. The design for Contracts 5, 6 and 7 hasn't begun yet but the work is on track.

We are close to awarding Contract 2 in Conklin, which is for lift stations, water treatment plant upgrades and service stubs to Northland Drive. Work on this contract tentatively begins in November and will be finished by the end of 2018.

Draper

Design work is half finished on all contracts in Draper with construction tentatively beginning in May of 2017.

Janvier

All design work in Janvier is between 55-90 percent complete. Construction is tentatively slated to begin in May of 2017.

Saprae Creek Estates

Design work in Saprae Creek is between 65-100 percent complete.

We held an open house in Saprae Creek in September that was attended by 45 participants and had some good discussions. The slideshow that was presented is available at **www.rmwb.ca/rwss.**

More information

For more information, please call the Construction Hotline at **780-793-1054,** email **constructionhelpdesk@rmwb.ca,** visit us on Facebook at the Wood Buffalo Rural Community Connection or visit **www.rmwb.ca/rwss.**

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SUPPORT TO SMALL BUSINESS PROGRAM

SMALL BUSINESS WORKFORCE SUPPORT PROGRAM

TWO PROGRAMS, ONE APPLICATION

The **Canadian Red Cross** and the **Regional Municipality of Wood Buffalo** are both providing financial assistance to small businesses affected by the 2016 Alberta Wildfires.

Join us for an information session

- In-person support with your application
- Access to computers, printers, scanners and internet sticks to work on your application
- Information on all programs available to businesses

Saprae Creek
Vista Ridge
Tuesday, November 8, 2016, 1–7pm

CANADIAN RED CROSS

REGIONAL MUNICIPALITY OF WOOD BUFFALO

WOOD BUFFALO ECONOMIC DEVELOPMENT BIG

To fill out an application
YMMSmallBizRecovery.ca

For more information
1-855-RMWB-BIZ

REGIONAL MUNICIPALITY OF WOOD BUFFALO

SEVENTH ANNUAL FALL SAPRAE CREEK

LADIES NIGHT

AND

HOME BASED BUSINESS OPEN HOUSE

WHEN: Friday NOVEMBER 4th

WHERE: Spruce Valley Room, Vista Ridge

TIME: 6-9pm

GET TO KNOW THE OTHER LADIES IN SAPRAE CREEK

BEVERAGES AND SNACKS PROVIED BY THE SCRS

And with grant funding provided by the RMWB

Vendors include:

Baked Goods & preserves, handmade jewellery, Stella and Dot, Lipsense, Pampered Chef, Handmade dream catchers, Pure Romance, Scentsy and Younique

REGIONAL MUNICIPALITY OF WOOD BUFFALO

When: Thursdays 8-9pm

Dates: November 3rd, 10th, 17th, 24th

Where: Spruce Valley Room, Vista Ridge

Registration cost is based on registration

See the Saprae Creek Health and Wellness Facebook Page for sign-up genius

Drop ins welcome at a cost of $10

November 3rd: Hatha Flow

November 10: Twist and Flow

November 17th: Happy Hips

November 24th: Hatha Flow

All levels welcome!

Bring a mat, towel and water.

Space is limited

REGIONAL MUNICIPALITY OF WOOD BUFFALO

family MOVIE NIGHT

WHEN: Friday November 18th

WHERE: Spruce Valley Room at Vista Ridge

TIME: 6-7:30

COST: FREE

Join us for pizza and a movie

This event is sponsored by the Saprae Creek Residents Society and is paid for by the Funding Grant provided by the RMWB

This is NOT a drop off event parental supervision is required!

Please respond to the event invitiation on the Saprae Creek Residents Society Facebook Page

For more information Contact AnnMarie Hintz at 780-881-2958

REGIONAL MUNICIPALITY OF WOOD BUFFALO

WHEN: Dec. 17th

WHERE: Vista Ridge

TIME: 6– 8 pm

Photos with Santa, food and beverages

Please sign up on our Facebook Page and to ensure we have a age appropriate gift for your child

please contact

AnnMarie: 780-881-2958

REGIONAL MUNICIPALITY OF WOOD BUFFALO

VISTA RIDGE
ALL SEASONS PARK

Winter Operations:

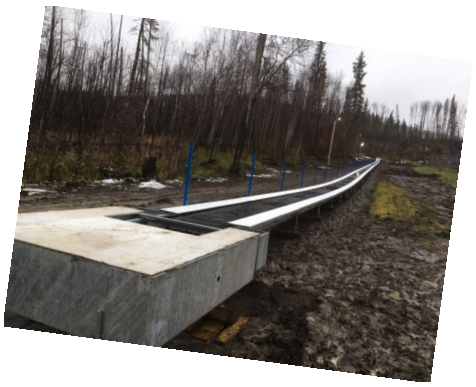
Season Pass Prices have been reduced to welcome everyone home. Early birdpricing $149 for a Single Pass, $450 for a Family Pass.

Passes will go on sale end of Sept and early bird pricing ends Nov. 6th

Get your passes early and take advantage of the great savings!

Operating schedule has been modified. Tuesday and Wednesday will be closed for skiing but there will be night skiing both Thursday and Friday night this season. The outdoor rink will remain open on the Wednesdays.

Fall Progress is going well, here are some photos from the tube park and the snow making pumps



Watch for more information regarding bussing from Saprae Creek to the parade site this year!

Regional Municipality of Wood Buffalo

Mindfulness for Wellbeing
Drop-In Sessions

These sessions are designed for individuals who have previous mindfulness experience. Each session will involve experiential mindfulness exercises, focusing on different themes including body awareness, tolerance of distress and self-compassion.

You are invited to bring a yoga mat or cushion of your own, although these will also be provided. Please wear comfortable clothing. We look forward to seeing you!

Drop-In Sessions:

Every Wednesday

September 21st - December 7th

(No session November 2nd)

6:00 pm - 7:00 pm

For more information call:

(780) 791-1757

Borealis Counselling Services

#5 - 118 Millennium Drive
Fort McMurray, AB T9K 2S8
(780) 791-1757
E: info@borealiscounselling.com
W: borealiscounselling.com

REGIONAL MUNICIPALITY OF WOOD BUFFALO

STAY SAFE WHILE STAYING WARM!

Fort McMurray winters bring bitter cold temperatures. Stay safe while using portable heaters, furnaces and fireplaces by following safety precautions to ensure that your home is not heated because of a fire!

PORTABLE SPACE HEATERS

- When purchasing a portable heater ensure that it has been certified by a recognized regulatory body, such as the Canadian Standards Association (CSA).
- Space heaters should be placed on a level, hard and non-combustible surface (avoid carpets or rugs).
- Ensure the space heater is placed 1 metre from any combustible objects, such as curtains, bedding or blankets.
- Do not leave children or pets unattended around a space heater.
- Always turn off space heaters before leaving the room or going to bed.

Tips:

- Ensure your space heater is equipped with an automatic cut-off device. This will shut off the heater if tipped over.
- Fuel burning space heaters (kerosene or gas) should be inspected annually. Ensure you are using the proper grade of fuel source for your unit and that it is cleaned regularly.

FURNACES

- Furnaces should be inspected by a qualified and registered contractor at least once a year.
- Keep the area around your furnace clear.
- Each month, inspect your furnace for the following:
  - Filters —Change and/or clean according to manufacturer's instructions.
  - Vents—Look for any signs of rust, blockages or soot. If found, consult with a qualified technician.
  - The flame should be sharp and blue. If the flame is yellow, consult with a qualified technician.

FIREPLACES

- Inspect and clean your fireplaces, vents and chimneys regularly.
- Check for rust or creosote: a dark substance that forms in the flue. If a buildup of creosote is made, it can catch fire.
- Observe any excessive heat on the walls above your fireplace. This could be a sign of improper chimney installation, and a potential fire hazard.
- Keep combustible objects away from your wood stove or fireplace and always use a properly fitted screen to cover the fireplace opening. Floors and walls should be protected with noncombustible shields.
- Keep a heat-tempered glass or metal fireplace screen in place.
- Dispose of fireplace ashes in a closed metal can and store outside.
- Burn only dry, seasoned wood and never use combustible liquid to start the fire.
- Chimneys and vents need to be cleaned and inspected by a qualified professional at least once a year.

www.woodbuffalo.ab.ca

REGIONAL MUNICIPALITY OF WOOD BUFFALO EMERGENCY SERVICES

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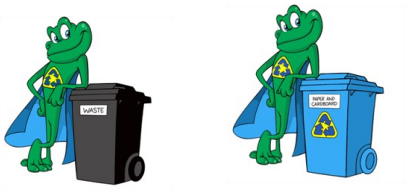
MUNICIPALITY NEWS

October GARBAGE AND RECYCLE SCHEDULE

Nov. 4th (Light Blue)



Nov 11th (Dark Blue)

Nov 18th (Light Blue)

Nov. 25th (Dark Blue)

REGIONAL MUNICIPALITY OF WOOD BUFFALO

MUNICIPALITY NEWS

WOOSH A RIDE WORTH TAKING

Revised

REGIONAL MUNICIPALITY OF WOOD BUFFALO

Saprae Creek

Saturday and Sunday

Lv. Main St. at Franklin Ave. Transfer Station	Lv. Gregoire Dr. at Advantage West Inn & Suites	Lv. Gregoire Dr. across from Grenfell Cres.	Lv. Gregoire Dr. at Sawridge Inn & Conference Centre	Lv. Saprae Creek Mailboxes	Lv. Vista Ridge Ski Hill at Spruce Valley Dr.	Lv. Saprae Creek Community Centre	Lv. Saprae Creek Mail Boxes	Lv. Gregoire Dr. across from Sawridge Inn & Conference Centre	Lv. Gregoire Dr. at Grenfell Cres.	Lv. Gregoire Dr. across from Advantage West Inn & Suites	Ar. Main St. at FrankKlin Ave. Transfer Station
Bus Stop Number											
10034	06045	06024	06025	32001	32002	32003	32004	06050	06020	06022	10034
–	–	–	–	9:00	9:04	9:08	9:15	9:30	9:33	9:35	9:43
12:45	**12:53**	**12:55**	**12:58**	**1:13**	**1:17**	**1:21**	**1:28**	**1:43**	**1:46**	**1:48**	**1:56**
5:45	**5:53**	**5:55**	**5:58**	**6:13**	**6:17**	**6:21**	**6:28**	**6:43**	**6:46**	**6:48**	**6:56**

Shaded area indicates Sunday and Statutory Holiday service.
Note: Saprae Creek operates weekends and holidays only.
Bolded times indicates PM service.

REGIONAL MUNICIPALITY OF WOOD BUFFALO

Community Calendar November 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 HUB	3 YOGA	4	5
6	7	8	9 HUB	10 YOGA	11	12
13	14	15	16 HUB	17 YOGA	18	19
20	21	22	23 HUB	24 YOGA	25	26
27	28	29	30 HUB			

Schedule of Programs and Events

- Saprae Creek Volunteer Fire Department Practice Nights: (Mondays)
- HUB: Wednesdays 10-11:30
- Yoga: Thursdays 8-9pm
- Home Based Business Open House and Ladies Night: Nov. 4th (6-9pm)
- Family Movie Night: Nov. 18th 6-7:30pm

Saprae Creek Family Christmas Party Dec 17th 6-9pm

See sign-up genius on our Facebook Page

to ensure that Santa will have a present for everyone.